



On September 19, Out & Sober Minnesota will join hundreds of others walking in Minnesota Recovery Connection's Walk for Recovery. Addiction affects people from every age and every community, but people can and do recover from addiction. This event will help people understand the positive impact that people in recovery can make.

By joining our team you are supporting the efforts of Out & Sober Minnesota and MRC's important mission to strengthen the recovery community through peer-to-peer support, public education and advocacy.

Saturday, September 19

9:00am - 10:15am:
Check In

10:30am - 11:30am:
Walk for Recovery

11:30am - 1:00pm:
Post Walk Celebration

Location:
Lake of the Isles

To register, visit:
[tinyurl.com/
WalkForRecovery](http://tinyurl.com/WalkForRecovery)



www.OutAndSoberMinnesota.org

www.facebook.com/OutAndSoberMinnesota